

### Δ 3 SYNTHESIS

In all of my work during Unit 2, my focus has remained on the field of graphic communication design, consistently exploring the intricate relationship between humanity and nature, health and the climate within the context of climate change. This year's delayed arrival of spring in London served as a source of inspiration for my contemplation and creative inspiration. It triggered my concern for the ecological survival of flora and fauna, which are representative of the natural world, while also prompting a critical reflection on the pervasive issue of human-induced pollution in the natural environment. The climate crisis essentially represents a health crisis, and as an asthma sufferer, I have not been able to escape the profound impact of air pollution. In countless sleepless nights and reliance on medication to maintain a semblance of normalcy, I have become more acutely aware of the preciousness of life.

Within the Position Through Triangulating project, I have intertwined my personal experiences and narratives with asthma into my work, employing a combination of studio and writing practices to progressively delve into my inquiries about air pollution. In studio practice, I have applied studio methodologies learned and refined in Units 1 and 2, such as investigation, translation, iteration, and contextualization, which have rapidly advanced the development of my work. Initially, my explorations were centered on the respiratory difficulties experienced by asthma patients. Through comparisons with healthy individuals, I observed, documented, and graphed the daily variations in breathing sounds. Subsequently, I created sound visualizations to illustrate the severity of this invisible ailment, encompassing labored breathing and constricted lung function.

In writing practice, through in-depth dialogue and reflection with the reference, I critically examined my work, identifying the shortcomings within the visualization aspects and gaining clarity on the necessary adjustments. Through a progressively scientific and rigorous approach to visualizing information, I vividly illustrated the connection between asthma patients across various boroughs in London and air pollution. This also directed my focus towards Bromley Borough, where asthma-related fatalities and pollution levels are most severe. Through on-site investigations of this area, I...

Through this process of triangulation, my two bits of work mutually support, complement and propel my practice in Unit 2, further solidifying my position. I aspire that through all my creative practices, I can awaken a profound reflection within the public regarding the relationship between humanity and nature, health and the climate, ultimately advocating for a cleaner, more livable, and harmonious living environment for ourselves.